

# PUMPKIN SPICE LATTE BODY SCRUB

## Ingredients:

- 1 cup sugar
- 1/4 cup brown sugar
- 1 tsp pumpkin pie spice
- 1/2 tsp ground coffee
- 3-5 tbsp coconut or almond oil (can do more or less if wanted)

## Steps:

1. Add all ingredients minus the oil into a bowl. Do not mix yet.
2. Melt coconut oil just enough for it to become a liquid in a separate bowl. Then pour on top of the other ingredients. If using almond oil, just pour.
3. Stir and mix well.
4. Scoop the mixture into a jar or sealed container until ready for use.

## Tips:

- You can use Epsom salt or sea salt instead of sugar.
- Mix scrub slightly before using, as oil may settle to bottom of jar. Add water before use if needed.
- Double the amounts for more scrub!

